



THE GARDEN ROOMS

AT TENNANTS

LUNCH

Served 12noon – 3:30pm

Main Dishes

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|---|--------------------------------|
| Battered cod & chips, mushy peas and tartar sauce | • Regular £13.00 • Small £9.50 |
| Scampi & chips with mushy peas and tartar sauce | • Regular £13.00 • Small £9.50 |
| Creamy chicken & mushroom pasta, cheesy garlic bread | £11.95 |
| Minced beef & herb dumplings, seasonal vegetables | £11.95 |
| Broccoli & blue cheese quiche, new potatoes and salad | £11.95 |
| Plant based burger, cheese, tomato relish, brioche bun, fries, salad | £10.95 |
| Southern fried chicken burger, pickled red onions, chilli & garlic mayo, brioche bun, fries | £11.50 |

Jacket Potatoes – Served with salad and Mrs T's slaw

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| Cheese and beans (<i>Vegan option available</i>) | £7.95 |
| Tuna mayonnaise | £8.50 |
| Minced beef & onion | £8.50 |
| Prawn Marie-rose | £8.50 |

Lighter Options

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| Soup of the day served with crusty roll | £4.50 |
| Soup of the day served with a warm cheese scone | £5.50 |
| Breaded brie served with cranberry sauce and salad | £7.50 |
| BBQ pulled pork bao buns (<i>Vegan option available</i>) | £8.50 |

Salads

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| Falafel, quinoa, black bean & chickpea, with creamy cilantro sauce | £8.50 |
| Chicken Caesar, bacon & anchovies with croutons and Caesar dressing | £10.95 |
| Prawn Marie-rose | £8.50 |

All dishes are freshly prepared and cooked to order. Please let a member of staff know if you have any special dietary requirements or for allergen advice and information. Upon request, a number of our dishes can also be adapted to accommodate allergies and dietary requirements. Whilst we have kitchen protocols in place designed to address the risk of cross-contamination of allergens, our kitchens are busy environments. As such, we cannot guarantee the total absence of allergens in our kitchens. If you have any questions please do not hesitate to ask one of our team. An allergen folder is available upon request from a member of our team



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LUNCH

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Sandwiches & Wraps

Available as a wrap or as a sandwich on white/wholemeal bread (upgrade to a baguette for £1)

Served with a side salad & Mrs T's slaw, or a bowl of soup (additional £1.50)

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| Cheddar & red onion marmalade | £6.75 |
| Egg mayonnaise & cress | £6.00 |
| Ham & piccalilli | £6.75 |
| Tuna mayonnaise & cucumber | £6.75 |
| Pastrami, gherkin, Swiss cheese & mustard mayo | £7.95 |
| Prawn Marie-rose | £7.50 |

Toasted Panini - *Served with salad and Mrs T's slaw*

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|--|-------|
| Tuna mayonnaise & mozzarella | £7.50 |
| Ham, smoked applewood, gherkin | £7.50 |
| Tomato, pesto & mozzarella (<i>Or available with vegan cheese</i>) | £7.50 |

Side Dishes

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| French fries | £2.25 |
| Chunky chips | £2.25 |
| Mixed Salad | £2.50 |
| Sweet potato fries | £2.25 |

CHILDREN'S LUNCH

***UNDER 16s * – all served with peas or beans**

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| Fish goujons and chips | £5.95 |
| Scampi and chips | £5.95 |
| Sausage and chips | £5.95 |
| Penne pasta with tomato sauce and garlic bread | £5.95 |

Add a glass of squash & piece of chocolate brownie for an additional £1.20

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