



THE GARDEN ROOMS

AT TENNANTS

LUNCH

Served 12noon – 3:30pm

Main Dishes

Battered cod & chips, mushy peas and tartar sauce	• Regular £13.00 • Small £9.50
Scampi & chips with mushy peas and tartar sauce	• Regular £13.00 • Small £9.50
Chicken katsu curry, long grain rice, coriander & lime wedge	£11.50
Bangers & mash with red onion gravy	£11.50
Broccoli & blue cheese quiche and salad	£10.95
Spinach, smoked salmon, poached egg rosti	£10.95
Smoked bacon, poached egg, hollandaise sauce rosti	£10.50
Roasted Mediterranean vegetables & mozzarella rosti	£10.50

Jacket Potatoes – Served with salad and Mrs T's slaw

Cheese and beans (<i>Vegan option available</i>)	£7.95
Tuna mayonnaise	£8.50
Chilli con carne	£8.50
Prawn Marie-rose	£8.50

Lighter Options

Soup of the day served with crusty roll	£4.50
Soup of the day served with a warm cheese scone	£5.50
Breaded brie served with cranberry sauce and salad	£7.50

Salads

Falafel, quinoa, black bean & chickpea, with creamy cilantro sauce	£8.50
Prawn Marie-rose	£8.50
Chicken Caesar, bacon & anchovies with croutons and Caesar dressing	£10.95

All dishes are freshly prepared and cooked to order. Please let a member of staff know if you have any special dietary requirements or for allergen advice and information. Upon request, a number of our dishes can also be adapted to accommodate allergies and dietary requirements. Whilst we have kitchen protocols in place designed to address the risk of cross-contamination of allergens, our kitchens are busy environments. As such, we cannot guarantee the total absence of allergens in our kitchens. If you have any questions please do not hesitate to ask one of our team. An allergen folder is available upon request from a member of our team



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Sandwiches & Wraps

Available as a wrap, or as a sandwich on sourdough bloomer or malted bloomer (or upgrade to a baguette for £1). All wraps & sandwiches served with a side salad & Mrs T's slaw, or a bowl of soup (additional £1.50)

Egg mayonnaise & cress	£6.40
Cheddar & red onion marmalade	£7.15
Ham & piccalilli	£7.15
Tuna mayonnaise & cucumber	£7.15
Prawn Marie-rose	£7.90
Pastrami, gherkin, Swiss cheese & mustard mayo	£8.35

Toasted Panini - Served with salad and Mrs T's slaw

Tuna mayonnaise & mozzarella	£7.50
Ham, smoked applewood, gherkin	£7.50
Tomato, pesto & mozzarella (Or available with vegan cheese)	£7.50

Side Dishes

French fries	£2.25
Chunky chips	£2.25
Sweet potato fries	£2.25
Mixed Salad	£2.50

CHILDREN'S LUNCH

***UNDER 16s * – all served with peas or beans**

Add a glass of squash & piece of chocolate brownie for an additional £1.20

Fish goujons and chips	£5.95
Scampi and chips	£5.95
Sausage and chips	£5.95
Pasta with tomato sauce and garlic bread	£5.95

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